

**Kentucky Agency for Substance Abuse Policy
(KY-ASAP)
Local Board Meeting Summary Form**

Date: 12/18/2017 **Start Time:** 1:00 pm **End Time:** 2:00 PM
Name of Committee: Calloway County Alliance for Substance Abuse Prevention
Meeting Location: Murray City Hall
Chair/Facilitator: Amy Ferguson/Nicole Hudson
Agenda Attached? Yes X No ___ **Previous Meeting Summary Distributed?** Yes X No ___
Task Force and/or other Reports Distributed? Yes X No ___
Next Meeting: February 19th, 2018

1. Agenda topic: Welcome

In attendance – Amy Ferguson declared that there was a quorum:

Nicole Hudson- Murray Calloway County Hospital
Amy Ferguson- Calloway County Health Department
Kalynn Parham- Anthem
Chris Garland- City of Murray
Clarissa Johnson- FRBH
Samantha Powell- FRBH
Jared Hill- Emerald Therapy
Mark Hurt- University Church of Christ
Shelly Baer- Emerald Therapy
Miranda Terry- MSU
James Gallimore- Community
Janece Everett- Kentucky Cancer Program

2. Agenda topic: Approval of minutes from 10/16/2017

Decision(s) Clarissa Johnson made a motion to approve the minutes, Samantha Powell seconded the motion and all approved.

3. Agenda topic: Financial Reports – Total: \$43,838.10

Expenses: Since last meeting:

Mark Hurt reimbursed for addiction symposium training
We received our first half of Harm Reduction grant funding which is being used to purchase intranasal naran for all the police officers in Murray.
Nicole's salary deducted for July 1, 2017 – December 1, 2017
CADCA Memership renewal
Anticipating Chamber Renewal and Cheri Theatre renewal expenses coming up
KY-ASAP total is \$32,369.91 | City of Murray Funding is \$11,170.79 | Well Care Smoking Cessation Grant is \$297.50

Decision(s): Chris Garland made a motion to approve the financial report, Clarissa Johnson seconded the motion and all approved.

4. Agenda topic: Director's Report -- Copies of the Director's Report were distributed to members for view.

5. Old Business:

- **Great American Smokeout:**
 - Murray State University Peer Educators hosted an event on November 16th at Murray State University. In addition, Murray High School Youth

- Interact/Council hosted the event during lunch time at their high school. Calloway schools recognized the day as well.
 - Well Care grant received to distribute quit kits to help people start the journey to quit.
 - Approximately 200 people came through between campus and high school students
 - 55 Quit Kits were handed out
 - 52 people signed pledges to remain tobacco free
 - 3 started their journey to become tobacco free
- **Narcan Training:**
 - There will be a narcan training held for police officers on 12/19/2017 at the Center for Health and Wellness—presented by Four Rivers Prevention Center staff.
- **Prescription Medication Drop Box:**
 - Delivered to Sherriff's Department
 - There will be an article in the Murray Ledger and Times regarding
- **“Talk They Hear You” Campaign:**
 - Campaign will be ending in December
 - Overall the campaign was spread well throughout the community via social media, newspaper articles, website, Cheri and the school systems.
 - Looking for ideas for our next community campaign
- **Drug Test Kits for Students:**
 - It is anticipated that CC-ASAP will not have the funds to be able to provide these for the community and to sustain.
 - Samantha Powell recommended talking to Graves County Schools about their drug testing policies for students

6. New Business:

- **Freedom From Smoking:**
 - Class begins on January 2nd from 5:30 PM – 6:30 PM at the Center for Health and Wellness
 - 7 week class
 - Pre-Registration Required--- Call the health department to schedule a spot.
 - Health Department providing incentives for the participants.
 - Coalition members were encouraged to promote the class.
- **Ky-Moms Baby Shower:**
 - Class is on January 11, 2018 from 5-7 PM
 - Class will be held at the Center for Health and Wellness
 - Educational class—link to great resources for expecting and new moms
 - Offers further case management when needed
- **Murray-Calloway County Wellness Consortium Meeting:**
 - Meeting scheduled for January 17, 2018 7:30 AM – 8:30 AM
 - Group designed to be an advisory council for Lighten Up Calloway and CC-ASAP
- **Reality Fair:**
 - Waiting on dates for the Reality Fair
 - CC-ASAP would like to host a drug testing booth if we have staff
 - Dates will be communicated when confirmed
- **Jared Hill/Shelly Baer Emerald Therapy:**
 - TCADC Certification
 - Targeting underlying causes of addiction (mental health conditions, trauma etc.)
 - Involved with Livingston County School System --- Calloway County Board of Education has agreed to let them in to the Day Treatment Center to begin working with the students in our community.

- Interested in getting in and working with Murray Independent Schools
- Emerald opened four years ago and has expanded tremendously
- Partner with worksites and offers services such as: Addiction Groups, Anger Management, Corporate Wellness, DUI classes etc.
- Discussions had on detox treatments offered.
- Discussions had on new breakthroughs in genetic testing to test individuals to determine best medicine prescribing to treat the individual
- Find Emerald Therapy on facebook or @ emeraldtherapycenter.com or by phone at 270-534-5128
- Non-Profit Option is Available (Totally Private Organization) **Looking for grant opportunities**

7. Other Business:

8. Adjournment:

The next meeting is scheduled for February 19, 2018

Decision(s): A motion to adjourn was made by Clarissa Johnson and seconded by Miranda Terry

Recorder of Minutes: Nicole Hudson